

Patient Information and Consent Form for Clinic Face to Face Contacts: Covid-19

1. Each patient who wants to see a physiotherapist in person must have discussed their attendance at the practice with a member of staff before being offered an appointment. It is our professional responsibility to screen patients for covid-19 before they visit the practice, and to conduct a risk assessment for each patient before seeing them in person. A face to face appointment will only proceed on the agreement of both parties. You will be asked to sign a consent form before you attend for treatment, based on these guidelines. <https://www.physiofirst.org.uk/uploads/assets/437f2a77-5856-4fe5-a1f85b5187b0d899/Guidance-for-opening-our-practices.pdf>
2. We will not agree to deliver a face to face session if you have a new continuous cough, a high temperature or a loss of, or change in your normal sense of taste or smell. Anyone with a temperature of 37.8 degrees or over will not be allowed to enter the practice. We would ask that you check your own temperature on the day of your treatment, before you travel to the clinic, and cancel if this condition isn't met. You will not be charged for a late cancellation. If you wish, you can convert your session to a video appointment.
3. If you are in, or live with, any 'high risk: extremely vulnerable' group member as listed here, you must let us know so that we can discuss alternatives to coming to the clinic. We may offer a video session, home visit, depending on your location, or enhanced infection control measures if you would still like to come to us: <https://www.nhs.uk/conditions/coronavirus-covid-19/people-at-higher-risk-from-coronavirus/whos-at-higher-risk-from-coronavirus/>
4. Other conditions carry a moderate increase of risk. Please review these conditions via the link above, and inform your physiotherapist during the risk assessment if you have any of these conditions.
5. If you do attend our practice for treatment (rather than an in-house clinic), please call us on 0207 606 6530 and we will come to the door. Please wear a mask until your physio advises that you can remove it. The person letting you in will be wearing a mask, but not gloves. We will check your temperature by using a non-contact thermometer before you are allowed to enter. Please do not ring the bell. If there is someone else waiting, please stay 2 metres away from them, and you will be escorted separately afterwards.
6. On entry, you will be offered hand gel and escorted to a waiting area by either your treating therapist, or a receptionist wearing a mask. At the end of your treatment, you will be escorted out of the practice, so that there is no need for you to touch anything outside the treatment room.
7. In order to avoid a breach of social distancing guidelines between patients, there will be only one patient allowed in each waiting area at a time, unless they are from the same household. Each treatment room has a separate designated area.
8. Your therapist will be wearing PPE according to national guidelines. https://assets.publishing.service.gov.uk/government/uploads/system/uploads/attachment_data/file/878750/T2_poster_Recommended_PPE_for_primary_outpatient_community_and_social_care_by_setting.pdf. This includes a disposable apron and gloves, changed between each patient, and an IIR2 mask, changed each session. Their working clothes are changed into on arrival to work, and changed out of before they leave. The clothes worn will be washed at 60% minimum. Therapists will be washing their hands between patients in addition to changing gloves and aprons. They will not be wearing gloves when they answer the door, but will have just washed hands or used sanitising gel.
9. Between patients, your treating therapist will wipe down the physiotherapy couch, pillows and anything else touched by a patient during the previous session.
10. Please note that you will not be able to use the toilet during your visit (if visiting the Barbican practice).
11. Contact tracing. It is our legal obligation to participate in the track and trace scheme. We may have to divulge your contact details if someone who you have been in contact with has tested positive for covid-19.

Consent Form for Face to Face Treatment

I confirm that I have read the NHS guidelines relating to Covid-19.

I confirm that I have had a discussion with the practice regarding attending for treatment, been asked about covid risk factors, and that I consent to being seen in person on the basis laid out above.

I confirm that I have informed Barbican Physio of any conditions that I or one of my household has, that fall into the the high risk/ extremely vulnerable group for Covid-19 as defined by NHS guidelines, and that I understand the risks if I choose to attend the practice on the basis laid out above.

I confirm that I have informed my treating therapist of any conditions that fall into the moderate risk group as defined by NHS guidelines and that I understand I am at an increased risk if I attend for treatment.

I confirm that I consent for my contact details to be divulged to the relevant authority if required for track and trace purposes.

I confirm that I have been informed of the practice standard infection control procedures (SICP).

I confirm that I have been informed regarding the therapists' use of personal protective equipment (PPE) for face to face physiotherapy treatments.

I confirm that I consent to face to face physiotherapy treatment on the basis set out above.

Signed

Printed

Date